

ANNUAL  
NARRATIVE - REPORT

for

COCHISE COUNTY

Mrs. Maryetta Gaskill

Home Agent

December 1, 1956

to

June 30, 1957

# TABLE OF CONTENTS

	Page
Attendance at Project Meetings Held in 1957 . . . . .	1
Report Summary . . . . .	2-3
Extension Organization and Planning . . . . .	4-17
Organization . . . . .	4
Program Planning . . . . .	4,5 & 7
County Council - Spring Meeting . . . . .	6- 9
National Home Demonstration Week . . . . .	9
Miscellaneous . . . . .	9-17
Annual Conference . . . . .	9
Information Program . . . . .	10-18
Samples Circular Letters . . . . .	12-15
Samples News Articles . . . . .	16-17
House and Surroundings . . . . .	18-19
Kitchen and Workroom Planning . . . . .	18-19
House Furnishings and Equipment . . . . .	20-22
Color In The Home . . . . .	20
Learn To Upholster . . . . .	21
Making Pillows . . . . .	22
Home Management . . . . .	23
Home Management Workshop . . . . .	23
Family Economics . . . . .	24
Record Keeping and Spending The Food Dollar . . . . .	24
Clothing . . . . .	25-26
Tools That Make Sewing Easier . . . . .	25
Making Western Shirts . . . . .	26
Foods and Nutrition . . . . .	27-29
Making Bread and Basic Batter . . . . .	27
Making Sweet Rolls . . . . .	27-28
Health . . . . .	30
Family Life . . . . .	30
Community Development . . . . .	30
Outlook and Recommendations . . . . .	31-32
Pre-Program Planning . . . . .	31
House and Furnishings . . . . .	31
Clothing . . . . .	32
4-H Project Summary . . . . .	32
4-H Clothing . . . . .	32
4-H Meal Planning and Preparation . . . . .	32
4-H Food Preservation . . . . .	32
4-H Home Furnishing .c. . . . .	32

A--Project presented by Agent. L--Project presented by Leaders. NP--Club did not participate. NR--Club did not report attendance.	Program Planning	Color in The Home	Record Keeping and the Food \$	Making Bread	Making Sweet Rolls	Tools for Easy Sewing	Making Hassocks
Border Homemakers Cochise	A-10				L-12	L-13	
Pioneers Club	A-12	A-12	Sp-9	L-11	L-16	L-13	
Double Adobe Homemakers	A-14	A-13	Sp-9	L-13	L-14	L-11	
Frontier Homemakers	A-7	A-9	NP	L-7	L-10	L-8	NP
Rucker Canyon Homemakers	A-10	A-10	NP	NP	L-10	L-10	
San Pedro Valley Homemakers	A-8	A-13	Sp-12	L-10	L-10	L-10	A-4 A-3 2 hassocks 1 cushion
Sew What Club	A-34	A-10	Sp-35	NP	NP	2 L NP	NP
Silver Creek Homemakers	A-18	A-23	NP	L-24	L-16	L-20	NP
Stewart Homemakers	A-6	A-18	dup. Sp-9	L-33	L-20	L-10	A-5 3 hassocks
Sulphur Springs Homemakers	A-7	A-13	dup. Sp-9	L-10	L-10	L-10	A-3 3 hassocks
Westside Club	A-10	A-15	NP	L-11	L-9	L-9	NP
Bisbee Y W Wives		A-9					
L.D.S.	11 Coms. 136	11 Coms. 185	6 Coms. 75	8 Coms. 119	10 Coms. 127	8 Coms. A-15 179	3 Coms. 8 hassocks 1 cushion

REPORT SUMMARY - December 1, 1956 through June 30, 1957

Days spent in conducting work with adults . . . . . 98  
Days spent in 4-H Club Work . . . . . 64

Adult work was presented in 20 communities by means of the following:

- 11 Homemaker Clubs
- 8 Relief Societies
- 1 YWCA group

The spring meeting of the Cochise County Council of Homemakers was held February 19th at the Double Adobe school house in Double Adobe. 50 homemakers from 9 communities attended.

The Agent held or participated in 35 meetings with 570 persons attending. 74 homemakers attended 6 leader training meetings conducted by the Agent or Extension Specialist. 41 meetings were conducted by local leaders with a total of 804 homemakers in attendance.

75 persons from 6 communities attended special interest meetings on Record Keeping and Spending the Food Dollar.

35 persons from 4 communities attended the countywide picnic held May 19th at Rucker Canyon. The picnic is held in commemoration of National Home Demonstration Week.

Subject Matter

House and Furnishings - The Agent presented the project "Color In The Home" to 185 homemakers in 11 communities. 8 homemakers from 3 communities took part in the special interest meetings "Learn to Upholster". 5 hassocks were made and 1 sofa cushion was repaired. 3 hassocks have yet to be completed.

Family Economics - 75 persons from 6 communities attended special interest meetings on "Record Keeping and Spending the Food Dollar" conducted by George Campbell, Extension Economist, and Miss June Gibbs, Extension Nutritionist.

Clothing - 25 leaders from 9 communities presented the project "Tools For Sewing" to 134 homemakers. The Agent presented the project to a Stake Relief Society meeting; 45 persons from 8 communities were in attendance.

Maryetta Gaskill  
Cochise County  
1957

Food Selection and Preparation - 25 leaders from 8 communities presented the project "Making Bread" to 119 persons. The project "Making Sweet Rolls" was presented to 127 homemakers by 25 project leaders from 10 communities.

Recreation and Community Life - All groups held special Christmas activities; most groups have one or more picnics during the summer.

A total of 54 home visits were made. There were 106 office calls and 76 telephone calls. 33 news articles were prepared and distributed to 7 newspapers and 2 radio stations.

## EXTENSION ORGANIZATION AND PLANNING

### Organization

There are 11 active homemakers clubs in Cochise County.

### Program Planning

#### Local

The Agent assisted 136 homemakers from 11 communities with program planning. The procedure for assisting homemaker clubs in outlining their local program for 1957 was as follows:

#### Method of Procedure:

1. Before the program planning discussion begins the following was done:
  - Check the mailing list.
  - Secure names of 1957 officers and project leaders.
  - Distribute copies of the bulletins "Madam Chairman" and "Homemaker's Club Handbook" as needed.
2. Discuss procedure for presenting the 1957 homemaking program
  - a. Of the six regular extension projects, two were to be presented by the agent to clubs; four by project leaders.
  - b. Special interest projects such as making dress forms and making hassocks were scheduled with interested homemakers for some time other than a regular meeting date.
  - c. June and July were to be devoted to the special interest project "Making Western Shirts".
  - d. Special meetings on keeping farm and home records were scheduled for March.
3. Other points which were discussed are:
  - a. Participation of younger women in homemakers groups.
    1. Copies of a short questionnaire to determine the extent to which younger women are participating in homemakers groups and to discover ways in which they can be encouraged to participate were given to each group. These were to be filled out and returned to the Agent in February.
  - b. Pre-program planning. A procedure whereby program planning would be done for a period of 3 years was discussed.
    1. The clothing program would be planned for a period of 3 years beginning in 1957.
    2. The home furnishings program would be planned for a period of 3 years beginning in 1958.



Maryetta Gaskill  
Cochise County  
1957

3. The foods program would be planned for a period of 3 years beginning in 1959.
  - a. Program planning would need to be done each year in home furnishings and foods until 1958 and 1959 respectively.
  - b. It is hoped that the foods specialist will assist with pre-program planning in the fall of 1957 and 1958.
  - c. Major special interest may be planned at the same time regular program planning is done.
  - d. The possibility of combining local program planning with an officers and project leaders meeting.
    1. The Agent would then plan to present 3 projects per year to clubs rather than 2.
4. Year Books were filled out and arrangements made for Special Interest meetings.

Results, Observations and Evaluations:

1. During January 8 homemakers groups were assisted with planning their local program for 1957. Rucker Canyon Homemakers were provided with Year Books and the schedule of events for 1957 when the Agent learned that she could not attend their meeting, due to the fact that an Information Workshop for all Arizona home agents was to be held the same day.
  - a. The regular meeting date of the Cochise Progressive Pioneers fell on New Year's Day, so their program planning was postponed until February.
  - b. Rucker Canyon homemakers were assisted with program planning when the Agent attended their March meeting.
2. The homemakers were enthusiastic about the possibilities of planning countywide project programs and major special interest activities for a 3-year period.
3. Every group was in favor of combining local program planning with an officers and project leader's training meeting. They were particularly pleased with the project that the home agent would plan to present 3 projects per year rather than 2.
4. A group of young homemakers met Thursday evening, March 21st, at the home of Mrs. Agnes Myers in Douglas to organize a homemakers group. The Silver Creek Club took the lead in organizing this group. They in turn were inspired to action by a questionnaire, "How Can Our Group Help Young Homemakers?"

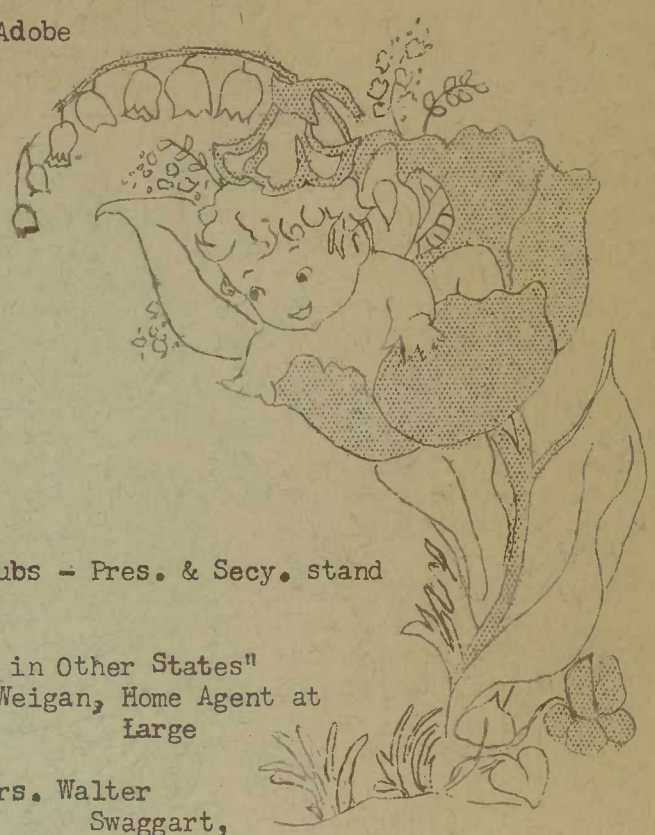
The Silver Creek homemakers knew of young homemakers who might be interested in a homemakers group. They also knew that since their group meets in members homes, they could not invite any more folks to join their club. So they contacted young homemakers and made arrangements for the organization meeting. Mrs. Darrell Trickett was particularly active in this regard.

P R O G R A M

COCHISE COUNTY COUNCIL OF HOMEMAKERS

February 19, 1957

Double Adobe



9:30 to 10:00 a.m. - Registration

10:00 a.m. - Prayer

Group Singing

Roll Call by clubs - Pres. & Secy. stand

10:30 a.m. - "Extension Work in Other States"  
by Miss Edna Weigan, Home Agent at  
Large

11:00 a.m. - Old Business, Mrs. Walter  
Swaggart,  
Treasurer, Cochise County Council

12:00 noon - Luncheon

1:30 p.m. - Installation of officers by Miss Jean M. Stewart, State  
Leader of Home Econ. Exten.

2:00 p.m. - New Business, Mrs. Ollie Barkely, Pres.  
Cochise County Council

3:00 p.m. - Home we go!





Maryetta Gaskill  
Cochise County  
1957

At this first meeting the following was done:

1. Each homemaker introduced herself and told her husband's occupation.
2. The Agent discussed what homemaker's clubs are and how they function.
3. Officers were elected and project leaders secured, and the program for 1957 partially outlined.
4. It was decided that the group would meet on the 3rd Thursday of every month from 10:00 a.m. to 3:00 p.m.
5. Stewart and San Pedro Valley homemaker's groups sent in the questionnaire. A summary is as follows:

	Stewart	San Pedro Valley
a. No. of young homemakers who are not members of your group . . . . .	15	7
b. How many of these work outside the home . . . . .	5	4
c. How many could be included in your group . . . . .	15	5
d. Reasons why these younger homemakers are not attending your meetings . . . .		
	Stewart - "Busy and Need reminded"	
	San Pedro Valley - "Some are working"	
	"We haven't asked them"	
e. Ways in which your group might help young homemakers . . . . .		
	Stewart - "Ask them to join our group"	
	San Pedro Valley - "Ask them to join our group"	
	"Make arrangements to have a baby sitter take care of youngsters at meetings"	

### County Council

#### Spring Council Meeting

During January the executive board of the county council and the officers elect met to outline plans for the Spring Council meeting. All of the homemakers concerned except Mrs. R. W. Hill, Council President, were in attendance. Mrs. Hill is now working full time and Mrs. Walter Swaggart was named to preside at the Spring Council meeting.

Maryetta Gaskill  
Cochise County  
1957

#### Method of Procedure:

The following action was taken:

1. The program for the day was outlined.
2. Personnel to assist with carrying out the program were appointed.
3. Arrangements were made to secure a speaker.
4. New business to be considered at the Spring Council meeting was discussed. The executive board made the following recommendations:
  1. It was recommended that the Spring Fling be held at Rucker Canyon, May 19, 1957, with Rucker Canyon Homemakers Club as hostess club.
  2. It was recommended that Group I (Stewart, Cochise Progressive Pioneers and Sulphur Springs) be in charge of the fall council meeting to be held September 16, 1957.
  3. It was recommended that each homemakers group, in outlining their 1957 program make plans to select a major project to be presented as a booth exhibit at the county fair.
  4. It was recommended that each homemaker's group develop each year an achievement program which demonstrates to their community the accomplishments of their group in the homemaking program. Some ways in which this recommended program might be carried out are ---
    - as a club or community activity
    - as a booth exhibit at the fair
    - as a window exhibit
    - as a countywide achievement program sponsored by the County Council

50 homemakers from 9 communities (Cochise, Double Adobe, Frontier, San Pedro Valley, Silver Creek, Stewart, Sew What? Club, Rucker Canyon and Westside Club) attended the Spring Council meeting held February 19th at the Double Adobe school house in Double Adobe. Hostess clubs were Double Adobe, San Pedro Valley and Rucker Canyon.

#### Method of Procedure:

1. Mrs. Esther Heath and Mrs. Geo. Chamberlain took care of registration.
2. Miss Edna Weigen, Home Agent at Large, compared Extension Work in Arizona with Extension Work in Idaho.
3. Miss Jean M. Stewart, State Leader of Home Economics Extension, discussed Country Life Conference and the "Make-It-Yourself-With Wool" Contest.
4. New officers were installed and the retiring officers honored in an impressive ceremony conducted by Miss Stewart. New officers are:

President	- Mrs. Vona Barkley, Cochise Progressive Pioneers
Vice President	- Mrs. Fred Schmelzla, Stewart Homemakers
Secretary	- Mrs. Elizabeth Gunter, Cochise Prog. Pioneers
Treasurer	- Mrs. Elvira Owen, Sulphur Springs Homemakers

**5. New Business:**

- a. The Spring Fling was to be held at Rucker Canyon May 19, 1957, with Rucker Canyon Homemakers Club as hostess club.
- b. Group I (Stewart, Cochise Progressive Pioneers and Sulphur Springs) are to be in charge of the fall council meeting to be held September 16, 1957.
- c. It was recommended that each homemakers group, in outlining their 1957 program make plans to select a major project to be presented as a booth exhibit at the County Fair.
- d. It was recommended that each homemaker's group develop each year an achievement program which demonstrates to their community the accomplishments of their group in the home-making program. Some ways in which this recommended program might be carried out are:
  - as a club or community activity
  - as a booth exhibit at the fair

**Results, Observations and Evaluations:**

1. The executive board assumed a great deal more responsibility for planning and carrying out the Council meeting. Mrs. Walter Swaggart, Council Treasurer and presiding officer, took the lead in this regard.
2. Many homemakers have told the agent how pleased they were with the Council meeting. The shorter business meeting was very much appreciated.
3. The Council meeting was held on the same date as several Cow Belle meetings. This caused some confusion and unhappiness but it did not affect attendance to any extent.

**National Home Demonstration Week**

35 persons from 4 communities attended the annual homemakers picnic held May 19th at Rucker Canyon. The Rucker Canyon homemakers were the hostess club. They took charge of the potluck dinner and made the cowboy coffee.

The homemakers and their families enjoyed the informal get together to visit about business, homemaker activities, etc. Recreation consisted of hiking and informal games.

**Miscellaneous**

**1. Annual Conference**

During December the Agent attended annual conference held December 4 to 7 on the University Campus in Tucson.

## 2. Information Program

A county letter was sent out each month to an average of 551 homemakers 7 county newspapers, 2 radio stations and the Arizona - Rancher-Farmer.

News articles were sent regularly to newspapers and radio stations.

During January the Agent attended a one-day information workshop conducted by the Information Specialists. The information given on news stories, circular letters and news columns was of particular benefit to the agent.

Some of this information (the importance and methods of using illustrations to improve circular letters) was relayed to the office secretary. And, although the quality of circular letters prepared in this office has been good, this was a good stimulant to both the secretary and the agent.

The Agent was inspired to the extent that she made plans to prepare a weekly column under the heading, "This 'N That".

A summary of the news articles and circular letters is as follows:

### News Stories:

December	Venison Can Be Tender Many Kinds of Bread on Market Now
January	Slow Cooking Best For Pot Roasts Women's Choices Affect Research Frozen Boneless Roasts, Chops Due For Markets Homemakers Clubs Plan For a Busy Year Pin-Basting Dound Slower in Long Run
February	Check Quality When You Buy At White Sales Large Eggs Best Buy This Month Ways To Remove Crayon Marks Cited Pecan Storage Rules Important Use A Little Care -- Avoid Accidents In Home Laundry Add To Life of Shirt By Mending Pinch Hitters For Recipe Ingredients Easy to Find, Vital
March	Use Eggs While Prices Are Down Help Dieters With Planning USDA Bulletins On Milk Safety Available Now This 'n That
April	This 'n That This 'n That Everyday Foods Necessary in Modern Diets This 'n That This 'n That This 'n That

May            This 'n That  
                Western Shirt Meetings Announced  
                This 'n That  
                Egg Grade Shows Cooking Quality  
                This 'n That  
                This 'n That

June           This 'n That  
                County Youth Return From Tucson  
                This 'n That  
                This 'n That

Circular Letters:

December      Plans for Spring Council    (15 c.)  
                Announce 4-H LTM on Clothing to 4-H Clothing leaders (10 c.)  
                Call meeting of County Council Executive Board    (8 c.)  
                Monthly Homemakers Letter    (572 c.)

January        To 4-H clothing leaders and parents    (14 c.)  
                Minutes for fall council and spring council meeting to  
                        presidents and Secretaries    (26 c.)  
                Monthly Homemakers Letter    (565 c.)

February       Questionnaire to Elfrida mailing list (49 c.)  
                Information on Program to Elfrida Mailing List    (49 c.)  
                Announce 4-H Clothing Leaders LTM    (8 c.)  
                Ask 4-H Clothing Leaders for garments to use with  
                        Judging Contests    (7 c.)  
                Monthly Homemakers Letter    (551 c.)

March          To Presidents and Secretaries regarding Special Interest  
                        meetings on Keeping Farm Records    (20 c.)  
                Announce Leader Training Meetings on Bread Making    (27 c.)  
                Announce 4-H H.E. Judging Day    (109 c.)  
                Regarding Country Life Conference    (518 c.)  
                To clothing leaders, presidents and secretaries on  
                        clothing meetings    (45 c.)  
                Homemakers monthly letter    (584 c.)

April          Announce leader training meetings on Making Rolls    (45 c.)  
                Announce 4-H H.E. Demonstration Contest Day    (109 c.)  
                Send report form to 4-H clothing leaders for information  
                        on "Getting The Most Out of Your Sewing Machine    (5 c.)  
                Send out information on "Make It Yourself With Wool"  
                        Contest    (17 c.)  
                Announce Clothing leaders training meetings    (48 c.)  
                Monthly homemakers letter    (584 c.)

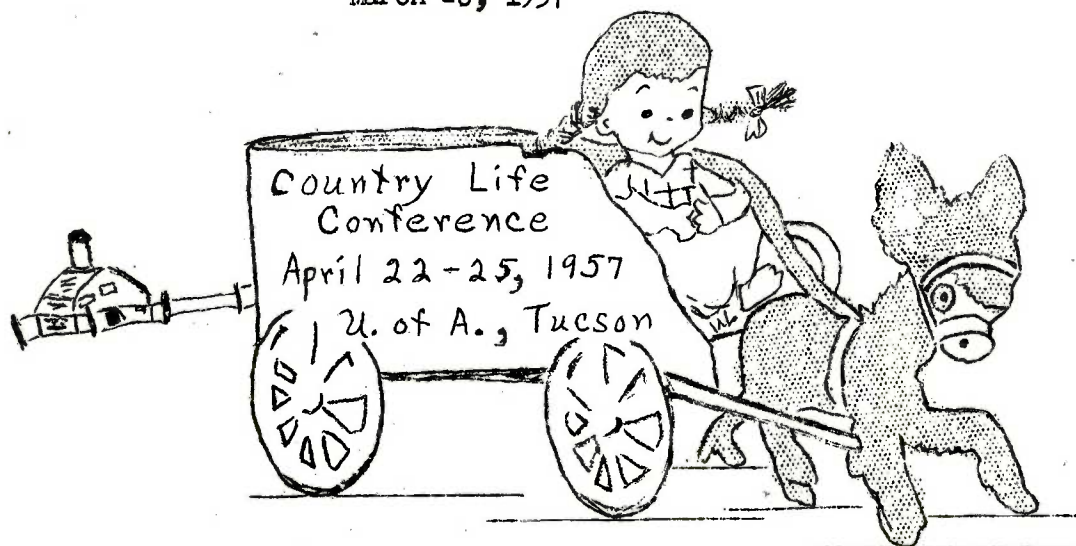


Cooperative Extension Work  
in  
Agriculture and Home Economics  
State of Arizona  
Willcox

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Cochise County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

March 20, 1957



Dear Homemaker:

There was a time when Cochise County women attended Country Life Conference in great numbers. Of recent years, our number has been dwindling but our enthusiasm hasn't.

Everyone who goes has a wonderfully fine time and comes home filled with good intentions for going again and taking a group of friends with her. Too often something comes up to knock her well laid plans into a cocked hat.

This year's Country Life Conference will be right after Easter. Talk this over with your friends and at your club. Let's try to have at least one car load of homemakers from each club. You'll be glad you did it.

Sincerely,

*Maryetta Gaskill*

Maryetta Gaskill  
Home Agent  
Cochise County

MG:BC  
518 copies



P.S. Husbands have a great appreciation for their wives after they've had the experience of trying to get along without them for a week.

Cooperative Extension Work  
in  
Agriculture and Home Economics  
State of Arizona

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Cochise County Cooperating

Willcox

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

May 31, 1957



"What is so rare as a day in June -  
Then, if ever, come perfect days."

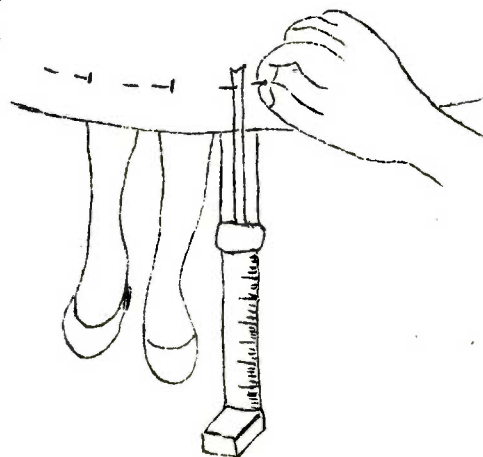
I can remember snatches of poetry but the name of the poet always escapes me. One thing is for sure - the fellow who wrote the above didn't live in Arizona in June because no Arizonian would ever call the hot, muggy weather we usually have in June "perfect".

Project of the Month - Tools for Sewing

So far as I know, the traveling kits that go with this project are traveling on schedule. Sure hope so, because a lesson on tools without the tools would be something less than satisfactory. With tools this is a mighty fine project.

New sewing aids are constantly appearing on our markets - some of these are gadgets pure and simple, others are really useful. When you see sewing aids all wrapped up in cellophane packages at a notion counter, it's hard to tell whether or not they are really as wonderful as their labels say they are. This meeting will give you an opportunity to see them in use and to try them out yourself.

Are you one of those folks who mark hems with "ye olde" yardstick? Maybe you are and maybe you figure to stay that way - but after the "Tools for Sewing" meeting, you'll probably saw your yardstick in-two and nail it to a block of wood. It will make for a more accurate measurement and it leaves both hands free to mark the hem.



PICNICS are another main attraction for June; four groups (Border, Double Adobe, Silver Creek and Sew What?) plan to indulge. The Rucker Canyon folks have a traditional family fun-nite each June.

Recreation time is here!

CALENDAR OF EVENTS

<u>Date</u>	<u>Club</u>	<u>Place</u>	<u>Subject</u>
June 4	- Cochise	- Mrs. Mabel Dunlap	-
" 5	- Sulphur Springs	- Mrs. Tony Bretz	- Tools for Sewing
" 6	- Stewart	- Club House	- Sweet Rolls
" 11	- San Pedro Valley	- School House	- Tools for Sewing
" 12	- Border	- Mrs. Agnes Myers	- Family Picnic at 6:00 p.m.
" 13	- Frontier	- Club House	- Quilting
" 19	- Double Adobe	- Douglas Park	- Family Picnic
" 25	- Westside Club	-	- Crafts
" 25	- Silver Creek	- Mrs. A. S. Whatley	- Family Picnic
" 26	- Rucker Canyon	- probably Margaret Glenn's	- Family night
" 27	- Sew What? Club	- Picnic in Paradise!	

This 'n That 'n Something Else!

Found!! Thimble with a hole in it. This was left at the Douglas "Tools for Sewing" meeting. I don't think they make this kind any more so you will probably want it back.

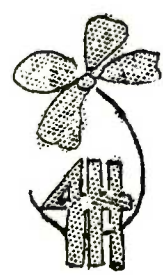


The hassock making meetings down San Pedro Valley way have included roast beef and brown gravy dinners with the Emory Smiths. Probably we would have gone one making hassocks forever but the Smiths ran out of roasts the other day - so we wound things up.

I came back from the "Money Management" workshop filled to the brim with good practical information. Dr. Stanley Hunter (she's a lady, not a man) who is a Specialist in Family Economics and Management for the USDA, helped us pull this word "management" down out of the clouds to the place where we could make it meaningful.

We approach management from the angle of becoming more efficient - but the purpose of efficiency is to make life more enjoyable - not to take the "human" out of living. Most of us know that we could be better managers, if we can be better than we are and still be our sweet obnoxious selves we might go for home management.

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$



Cochise County 4-H'ers who have won trips to the 1957 Roundup are mighty busy polishing up their demonstrations and practicing judging, and, end of the years school activities have added to the rush. Fortunately most of them got out of school around May 24th and will have time for this extra work but Lou Ann English and Linda McBride, members of the Double Adobe Ranchers & Sewettes Club, won't be out of school until about three days before Roundup. We wish them well!

Homemaker Club Secretaries are doing a fine job of sending in meeting report cards. According to my records, Westside, Frontier, Stewart, Silver Creek and Sew What? haven't missed a card and most other groups only slipped up once or twice.

- 3 -

RECIPESBarbecue Sauce

This recipe is from Mrs. Jaok (Peach) Busenbark, President of the Cochise Progressive Pioneers. She brought this dish to a 4-H get together. We liked it and we think you will too.

- $\frac{1}{2}$  Cup Catsup
- $\frac{1}{2}$  Cup Water
- 1 or 2 dashes Tabasco Sauce or chili to taste
- 2 lbs. Wine Vinegar
- $1\frac{1}{2}$  tsp. Sugar
- $\frac{1}{2}$  tsp. Salt
- Garlic Salt to suit taste
- $\frac{1}{2}$  tsp. Celery salt or seed
- $1\frac{1}{2}$  tsp. Worcestershire sauce
- $\frac{1}{2}$  tsp. prepared Mustard

Brown hamburgers, then pour sauce over them and bake.



Sincerely,

*Maryetta Gaskill*

Maryetta Gaskill  
Home Agent  
Cochise County

MG:BC

582 c.



Home Agent's News Column

**This 'n That**  
Maryetta Gaskill  
Home Agent  
Cochise County

Last week Arizona's home agents attend and participated in a money management workshop held on the University of Arizona campus in Tucson.

Money is a topic and a commodity dear to the hearts of all of us; Management is something many of us would like to avoid. And, there's the rule; we have to manage.

Management in the home is focused on human values and the homemaker's interest in management is to bring about the most complete growth of each member of her family in a reasonably clean, healthy and happy atmosphere. To do this job the homemaker has three things to spend — Time, Energy and Money; two things to cultivate — Knowledge and Skill; and, one thing to change — Attitude.

For instance, the American labor force includes about 11 million women. These folks are willing to spend Money to save Time and Energy; and, as a result, we have available in our markets packaged mixes, TV dinners and other foods products which can be easily prepared in a short time but which probably cost us more than if we prepared the products ourselves. We have to decide what is most important to us because once we spend our Time or our Energy or our Money it is spent and we can't bring it back.

On the other hand the more we use our Knowledge and Skill the better it gets. By learning more about buymanship this working wife can get more for the money she spends and if for example, she keeps a garment that requires little or no ironing she can save her time and energy, too. Then, if Mrs. Working Homemaker can learn to clean house better in less time, she makes another saving. So, it pays to cultivate Knowledge and Skill.

When it comes to changing Attitudes we can hit a snag in a hurry because most of us like ourselves just the way we are. However, if we come right down to the line, we may find it easier to change our attitude or someone else's than to give up something we consider vital.



News Articles Prepared by Homemakers  
or newspapers

## Stewart Homemakers 26 Years Old

By Ola Bloodworth

When the Stewart Homemakers met last Thursday, March 7, they celebrated 26 years of continuance service to the community. This club was organized in March of 1931 by Miss Bertha J. Virmond at the home of Mrs. Howard Pregoner with 15 or 20 women joining at that time.

Over the years many women have joined. Many have moved away. Many more have died and included in this group are Mrs. J. N. Browning who died in June and Mrs. J. W. Church who passed away in February. These two older women were regular attendants until just before their deaths.

Much good has been brought about in this community by the club over the years. We were taught to conserve our food during the depression and we were taught dressmaking when times were so hard. Many of our daughters have made outstanding dressmakers and cooks. One young woman has taken up Home Economics in her teaching with no college training in that field. All of her training came with her Homemakers' work.

At the time the club was organized the Valley was devoted to cattle raising with just a few farms scattered around over the country. People lived far apart and the women went many miles to meet in the members homes. Some would ride several miles on horseback or walk if no car was available. At one meeting one member rode six miles horseback and carried her hooked rug in the frame with her pot of chicken and noodles tied on her saddle. This trip was made on a day when it was raining and snowing. This shows

how much interest was taken in the work.

Miss Virmond would take her car and drive all over the county. She would take all the women she could pile in her car with all the demonstration material she always took with her. We didn't have leaders' meetings then, we had project leaders. The project leaders learned all they could and would then present the lesson to their clubs. All of this work was taken right into our homes.

When the country schools were consolidated with the schools in town about fifteen years ago, the Stewart school house was no longer needed for school so the club took it as a club house. We bought a cook stove, tables, benches, piano, couch and other things to make it a nice club room. In later years the house burned down with most of our equipment but the fond memories did not go up in smoke. They remained with us and will as long as any of us live.

Last summer the school board gave us the teacherage on the old school ground. We are again making a club room. We are now in the process of remodeling and redecorating. We are especially grateful for after a few years with no place to meet this place makes us feel we are back home again.

The club is growing with many of the new farm women joining in all our work.

Present at our birthday party were many of our oldtimers. Those who had been active for many years are Mrs. Katie Deering, 25 years; Mrs. Ella Nichols, 25 years; Mrs. Vera Rice, 24 years; Mrs. Clara LaMore, 21 years; Eula Chastain, 20 years; Mrs. Ola C. Bloodworth, 18 years; Mrs. Hazel Wilson, 17 years; Mrs.

May Letter to H. E. 4-H members on 4-H records, standard reports, Roundup plans and home freezing (88 c.)  
Announcement of Spring Fling (554 c)  
Check mailing list (166 c.)  
Cancel the Western Shirt Making meetings (59 c.)  
Monthly Homemakers letter (582 c.)

June Announcement of 4-H Camp (120 c.)  
Send out H. E. placings at 4-H Roundup (9 c.)  
Sent out information on 4-H Roundup Demonstration contests (5 c.)  
Monthly Homemakers Letter (451 c.)

## HOUSE AND SURROUNDINGS

### Kitchen and Workroom Planning

During March the Agent spent one-half day working with Mrs. Doris Winkler, a Rucker Canyon homemaker, on plans for the kitchen and workroom in an adobe home which the Winklers are building. The house is partially completed; the outside walls, doors, windows and roof are done; the inside walls have yet to be completed.

#### Method of Procedure:

1. The builder had drawn the plans for the home using a scale of  $\frac{1}{4}$ " = 1 foot. The plans for the kitchen and workroom area were drawn on  $\frac{1}{4}$ " square ruled paper. These were used as a work copy.
2. Mrs. Winkler's plans included a U-Kitchen and a workroom which would include a laundry area and a small walk-in pantry. The only dining area would be in one end of the kitchen and Mrs. Winkler had already discovered that she was short on dining space.
3. Copy each of "A Step Saving U-Kitchen", "Planning the Kitchen and Workroom", "Closets and Storage Spaces", and "Storage For the Home" were given to Mrs. Winkler.
  - a. These were discussed and the Agent pointed out ideas and information that Mrs. Winkler might find helpful.
4. Other ideas which discussed were:
  - a. Planning the kitchen so that work could proceed in a logical sequence.
  - b. Location of supplies and utensils near area where they will be used.
  - c. Location of supplies and utensils used most often in the most convenient place.
  - d. Location of the built-in oven at the end of a counter so that it doesn't break a work area.

- e. Location of the broom closet near the kitchen.
  - f. Location of the automatic washing machine close to the kitchen and the central hall so that it will be convenient to other areas where Mrs. Winkler is likely to be working.
  - g. Locating plumbing fixtures in as few areas and in as straight a line as possible.
  - h. Planning for a work clothes closet in the workroom. (Mr. Winkler is a rancher).
5. The Agent assisted Mrs. Winkler in drawing one floor plan for the kitchen and workroom area. This included providing for at least the minimum amount of space required (particularly in the dining area which was crowded in the original plan).
6. The Agent suggested that Mrs. Winkler fasten the work copy of the kitchen-workroom area to a board and that she use onion skin paper to draw off other plans as she saw or thought of new ideas.

Results, Observations and Evaluations:

1. Mrs. Winkler was already a firm believer in drawing plans to scale. She says, "If I don't draw plans out to scale, I keep seeing space that isn't there."

Bulletins and Mimeos Requested or Taken From The Office:

- 1 Your Farmhouse Cutouts To Help in Planning
- 1 A Step-Saving U-Kitchen
- 1 Your Farmhouse - Planning The Kitchen and Workroom
- 1 Storage and Closet Space
- 7 Storage For Your Home
- 2 Making Light Work For You
- 1 Electric Light For The Farmstead
- 17 Indoor Gardening In Arizona

---

31 Total

## HOUSE FURNISHINGS AND EQUIPMENT

### Color In The Home

During January the Agent was assisted by Miss Grace Ryan, Home Furnishings Specialist, in outlining this project.

During February the Agent presented this project to 11 groups in Cochise County (this included all homemaker groups and the Bisbee Y W Wives). 175 homemakers were in attendance.

#### Method of Procedure:

1. The Agent discussed and demonstrated the following:

A. Review of Color

- a. Color and hue (primary, secondary and intermediate)
- b. Value is lightness or darkness
- c. Intensity is brightness or dullness
- d. Warm colors - bring life and warmth
  - make things seem closer
  - make things seem larger
- e. Cool colors - give an atmosphere of rest and relaxation
  - make things seem farther away
  - make things seem smaller
- f. Bright colors advance; pale colors recede.

B. Review of Color Harmonies

C. Using Color

- a. Complements make each other brighter.
- b. Warm colors make cool colors cooler, and vice versa.

D. Reflectance factors - some colors "give back" more light than others.

E. Factors to consider in planning Color Schemes

- a. Colors already there, such as floor coverings, counter tops and drapes.
- b. Room-size, shape and exposure.
- c. Your color preferences.
- d. Fashions and styles in color.

2. Charts and Pictures were used to illustrate these points.

3. At the conclusion of the meetings the homemakers planned color schemes for their own kitchens or helped their neighbors in planning color schemes. This proved to be the highlight of the meeting.

- a. Nearly every homemaker wanted to plan a color scheme for her own home. Some of them were interested in rooms other than the kitchen.

Maryetta Gaskill  
Cochise County  
1957

### Learn To Upholster

During March the Agent contacted homemakers in the Stewart, Sulphur Springs areas regarding supplies needed for making hassocks and work which homemakers need to do before their first meeting.

During April special interest meetings on this topic were held at Stewart, Sulphur Springs and San Pedro Valley. A total of 12 homemakers were in attendance. 8 hassocks were begun and 1 homemaker worked on repairing the spring section of a sofa cushion.

#### Results, Observations and Evaluations:

1. Most of the homemakers have made their hassocks almost entirely of salvaged materials. Some have taken sections from old automobile seats; others have taken just individual springs and one homemaker found springs in an automobile seat which were already bagged in burlap sacks. As a result, the homemakers made their hassocks in a variety of ways which gave them broader experiences.
2. The homemakers plan to use their hassocks for T V stools.
3. The San Pedro homemakers completed 2 hassocks and a seat section.
  - a. Mrs. Emory Smith made a modern, tailored hassock. Mrs. Roy Rambo said that she wanted a nice, fat, haystack type of hassock so she made one.
  - b. Mrs. Hustler, who re-bagged springs for a seat section was very pleased with her sofa cushion. Earlier in the year she had tried to secure the springs by tying them, but before long the springs were all jumbled together in the center of the cushion. She says the cushion looks like new.
4. The Stewart and Sulphur Springs folks had to postpone their final meetings, due to difficulty in securing supplies and folks being away from home.
  - a. Mrs. Walter Owen and Mrs. Eloise Boyd completed their hassocks at a special interest meeting held during June. Three other homemakers have yet to complete their hassocks; but - Mrs. Tony Bretz, Sulphur Springs, new baby boy arrived a few days before the meeting; Mrs. Fred Achey, Sulphur Springs, was on vacation; and Mrs. Gwen Moore, Stewart, had unexpected company.



### Making Pillows

During June final plans for the project "Making Pillows" were made with Miss Grace Ryan, Extension Specialist in Home Furnishings and Home Management.

This project is to be presented through leader training and will include:

1. Points to consider in selecting pillows, pillow forms and pillow covers.
2. The cost of buying versus making pillows.
3. The contribution of pillows to color scheme of the room.
4. How to make and cover pillows.

In preparation for presenting this project to their local group the home furnishings leaders will make samples showing the various construction techniques. Patterns for making difference types of pillows will be available either for the leaders to cut off or in a kit to be sent from club to club.

### Bulletins and Mimeos Requested or Taken From The Office:

- 29 Furniture Repair
- 11 In Furniture The Finish Counts
- 25 Reupholstering a Chair At Home
- 3 Slip Covers For Furniture
- 14 Simplified Clip Covers
- 23 Tailor Your Draperies
- 11 Color In Your Hands
- 112 Do You Use Color Effectively
- 148 Colorful Kitchen
- 166 How My Kitchen Rates
  - 1 Pictures In The Home
  - 1 Making Simple Lampshades
  - 1 Making a Lamp Shade Pattern
  - 1 Tested Recipes for Safe & Attractive Home Lighting
  - 4 Your Room
  - 5 Guides For Buying Household Equipment
  - 5 Household Equipment Its Care and Simple Repair

---

560 Total

Maryetta Gaskill  
Cochise County  
1957

## HOME MANAGEMENT

### Home Management Workshop

During May the Agent attended the 4-day home management workshop held on the University of Arizona Campus in Tucson. The discussions by Dr. Stanley M. Hunter, Specialist in Family Economics and Home Management, from the USDA, were particularly down-to-earth and helpful to the Agent.

#### Bulletins Requested or Taken From The Office:

- 16 An Easy Way To Iron A Shirt
- 14 Stain Removal From Fabrics, Home Methods
- 6 Help Yourself to Laundry Aids
- 6 Wash Your Blankets

---

42 Total

## FAMILY ECONOMICS

### Record Keeping and Spending The Food Dollar

During March Special Interest meetings on this topic were presented in four areas by Dr. George Campbell, Extension Economist, and Miss June C. Gibbs, Extension Nutritionist. 75 persons were in attendance.

#### Method of Procedure:

1. The program was divided into three parts as follows:
  - a. A discussion of record keeping by Dr. Geo. Campbell followed by a question session.
    1. What records to keep for the farm and home.
    2. How to make records work for you.
2. A chart-discussion of what it costs to feed a family presented by Miss Gibbs.
3. A discussion of food economics by Dr. Campbell.

#### Results, Observations and Evaluations:

1. Nearly every one who attended had some specific question about record keeping. Some of these were:
  - a. Can children in college be claimed as dependents.
  - b. Depreciating machinery.
  - c. Deducting expenses for workers who live and eat on the farm and ranch.
2. The study on the cost of providing adequate nutrition for a family of five was very impressive to the audiences. Miss Gibbs was asked many questions about nutrition.

Maryetta Gaskill  
Cochise County  
1957

## CLOTHING

### Tools That Make Sewing Easier

24 leaders from 9 communities attended leader meetings on this subject presented in two areas of the county. Miss Helen L. Church, Extension Clothing Specialist, conducted the meetings. 168 mimeos "New Tools That Make Sewing Easier" were distributed. Leaders from Sulphur Springs and San Pedro Valley were unable to attend these leader sessions. The Agent trained these leaders.

During June the Agent the Tools That Make Sewing Easier project to a Stake meeting of the L.D.S. Relief Societies. 45 persons from 8 communities were in attendance.

#### Method of Procedure:

1. The following were discussed and/or demonstrated:

- Overcaster attachment

- Zig zag attachment

- Needle magnifier

- Electric scissors

- Seam guides

- a. throat plate with markings

- b. use of colored plastic tape

- c. standard machine attachment

- d. new type of plastic guide

- Marking devices

- a. chalk marker case with sharpener

- b. hem markers

- commercial

- homemade

- c. Marking pencils

- d. tracing wheel and tracing paper

- Belts and belt buckles

- Eylets

- Scissors and shears

- Ripping devices

#### Results, Observations and Evaluations:

1. One leader already had a zig-zag attachment; the other leaders were impressed with the zig-zaggers ease of operation and variety of stitches.
2. The attachment which insures a straight line of stitching made a big hit with the homemakers.
3. Ripping devices received a great deal of attention.

Maryetta Gaskill  
Cochise County  
1957

### Making Western Shirts

70 homemakers from 8 communities enrolled in the special interest project, "Making Western Shirts". The project was postponed as the Extension Clothing Specialist, Miss Helen L. Church, was to be hospitalized for bone surgery and will be unable to use her left arm for several months. The program may be re-scheduled when next year's program is planned.

### Bulletins and Mimeos Requested or Taken From The Office:

- 20 Making a Portable Sewing Cabinet
- 183 New Sewing Tools That Make Sewing Easy
- 5 Simple Equipment For Pressing
- 4 Simple Equipment Needed For Tailoring
- 5 Buying Your Home Sewing Machine
- 10 Sewing Machine Cleaning and Adjusting
- 1 How To Solve Your Fitting Problem by The Use of Paper Dress Form
- 1 Marking The Dress Form
- 132 Stay Stitching Makes Sewing Easier
- 49 The Young Homemaker Learns Easy Sewing Skills
- 11 Making Bound Buttonholes
- 11 Making Shirts For The Men of The Family
- 14 Mending Made Easier
- 4 Learning To Sew
- 3 Let's Make A Dress
- 2 Making A Skirt and Blouse
- 1 Make It Without Fear
- 2 Dresses Designed For Little Girls
- 6 Coat Making At Home
- 1 Clothes Moths and Carpet Beetles

---

465 Total



Maryetta Gaskill  
Cochise County  
1957

## FOODS AND NUTRITION

### Making Bread and Basic Batter

25 leaders from 8 communities attended leader meetings on "Making Bread and Basic Batter" presented in two areas of the county by Miss June C. Gibbs, Extension Nutritionist. Ruwker Canyon and Sew What? Club did not participate. 189 copies of the U. of A. "Yeast Bread and Rolls" bulletin and 75 leaders guides were distributed. The leaders guide contained variations for the basic batter. 119 homemakers attended the leader presented meetings.

#### Method of Procedure:

1. The following were discussed and demonstrated:
  - a. How to make yeast loaf breads
  - b. How to make a basic beaten batter and variations
  - c. How to serve bread
  - d. How to judge breads
  - e. Common difficulties in making yeast breads
  - f. The nutritive value of yeast breads
2. Very complete leaders guides were provided for the leaders. These included a list of equipment and ingredients, work to be done before the demonstration and an outline of the demonstration.

#### Results, Observations and Evaluations:

1. The leaders were very enthusiastic about the project and the reports of homemakers meetings indicate that this enthusiasm carried over to the clubs.
2. The leaders guide was easily understood by all leaders except two new ones. They were somewhat overwhelmed by amount of bread that was made and didn't feel they were quite up to doing it. The Agent reviewed the demonstration procedure for them, and the other leaders assured them that they could do it. The Agent visited with one of the new leaders shortly before their local meeting. They had practiced the demonstration and she was confident of their ability to present the project. The secretary's report card from this group mentioned the "delicious bread and rolls", and requested additional copies of the Basic Batter recipe sheet.
3. Additional copies of the Basic Batter recipe sheet were prepared and distributed to all clubs.

### Making Sweet Rolls

25 leaders from 10 communities attended leader meetings on Making Sweet Rolls conducted in two areas of the county by the Agent. Sew What? Club did not participate. 215 copies of a mimeo "Sweet Rolls" and 25 leaders guides were distributed. 127 homemakers attended the leader presented meetings.

Maryetta Gaskill  
Cochise County  
1957

Method of Procedure:

1. The following were discussed and demonstrated:
  - a. How to make a basic sweet dough
  - b. How to make cinnamon rolls
  - c. How to make a Swedish tea ring

Results, Observations and Evaluations:

1. The leaders and homemakers liked the flavor of the sweet dough and they also liked the ease with which the "soft" dough could be handled.
2. Here again, as at the bread meeting, experienced homemakers who "thought they knew all about bread making" were glad to pick up some new pointers.
  - a. A number of women had been adding raisins to the dough when making raisin bread. They found that adding the raisins to the batter with the milk and eggs was much better because the raisins were distributed more evenly and they did not "fall out" of the dough.
  - b. The idea of "tying off" cinnamon rolls with a string intrigued most folks. The common comment was "why didn't we think of that long ago? It seems so logical."
  - c. Everybody breathed a sigh of relief when they saw how easily the tea ring could be transferred from the pastry cloth to a baking sheet.
3. The new leaders mentioned in the Agent's March narrative had no qualms about their ability to present the sweet rolls lesson. A group of homemakers from this club informed the Agent that their foods leaders were wonderful and had presented the foods lesson like old pros.

Bulletins and Mimeos Requested or Taken From The Office:

- 7 Arizona Home Gardening
- 1 Milk For The Family
- 3 The Pasteurization of Milk
- 10 Sour Cream, How To Prepare and Use It At Home
- 2 Foods For Families With School Children
- 7 Egg Dishes For Any Meal
- 9 Honey, Some Ways To Use It
- 5 Tomatoes On Your Table
- 7 Sweet Potato Recipes
- 2 Why Not Make Sauerkraut
- 4 Grapefruit Desserts
- 28 Salads From Arizona Grown Foods
- 24 Frozen Desserts
- 30 New Ways Of Cooking Pinto Beans
- 9 Soups For All Occasions

Maryetta Gaskill  
Cochise County  
1957

- 1 Turkey On The Table The Year Round
- 2 How To Carve Chicken and Turkey
- 1 Beef On The Farm, Slaughtering, Cutting, Curing
- 1 Food Chart
- 1 Making Cheddar and Cottage Cheese
- 19 High Altitude Cakes
- 243 Yeast Bread And Rolls
- 229 Yeast Products Mimeo
- 216 Sweet Rolls Mimeo
- 25 Sweet Rolls Leaders Guide
- 75 Leaders Guide Yeast Bread and Rolls
- 2 Homemade Rolls Mimeo
- 1 Yeast Bread Variations Supplement Mimeo
- 7 Ways With A Pressure Pan
- 1 Freezing Combination Dishes Mimeo
- 22 Home Freezing of Fruits and Vegetables
- 8 Freezing Combination Dishes
- 1 Chicken In The Freezer
- 8 Freezing Meat and Poultry Products
- 1 What To Do When Your Home Freezer Stops
- 6 Home Canning of Fruits and Vegetables
- 22 Chile Peppers, Fresh, Frozen, Canned, Dried
- 1 Miss Virmond's Pickle Mimeo
- 9 Pickle and Relish Recipes
- 2 How To Process Your Home Grown Olives
- 1 Keep Pecans Fresh The Year Round
- 6 Homemade Jellies, Jams and Preserves
- 2 Pressure Canner Use and Care

---

1061 Total

Maryetta Gaskill  
Cochise County  
1957

## HEALTH

There was not countywide project in this field in 1957. Some clubs have health talks at their regular meetings.

Bulletins and Mimeos Requested Or Taken from The Office:

- 8 Household Pests, How To Combat Them

## FAMILY LIFE

These was no countywide project in this field in 1957.

Bulletins and Mimeos Requested Or Taken From The Office:

- 1 Rural Leaders Guide For Square and Group Dances

## COMMUNITY DEVELOPMENT

Homemakers groups have many local programs in this field. Some of these are:

1. Contributing to drives (March of Dimes, Cancer Fund, Community Chest, etc.)
2. Raising money to send local 4-H'ers to Roundup
3. Contributing equipment and supplies to rural schools
4. Supporting the "Blood Bank."
5. Sending items to the County Hospital and the Willcox Community Hospital.
6. Sponsoring movies and local programs on health and other topics of interest to the community.

Maryetta Gaskill  
Cochise County  
1957

## OUTLOOK AND RECOMMENDATIONS

Pre-program planning meetings can serve a vital purpose in Cochise County - that of training leaders to guide their homemakers in selecting a program satisfactory to the needs and interests of the majority. It would be well if eventually this program can also include definite planning to meet the needs of special interest groups (such as tailoring, wood refinishing, etc.) and for the Council and local leaders to assume a more active role in such programs.

In 1955, Cochise County homemakers planned their countywide program for two years. The best pre-planning work was done in the clothing field and the program selected for this field did not need revision while programs selected in the fields of home furnishings and home management, and foods and nutrition did require re-evaluation and revision. The homemakers favor planning their program for a period of more than one year.

The Agent recommends the following in this regard:

1. That program planning be done for a 3-year period in each project field.
  - a. That the clothing program be planned for a period of three years beginning in 1957.
  - b. That the home furnishings program be planned for a period of three years beginning in 1958.
  - c. That the foods program be planned for a period of three years beginning in 1959.
    1. Extra specialist assistance is requested in this field for the purpose of promoting a good, basic program in foods and nutrition.
2. That major special interest projects be planned for at the same time regular program planning is done.

### House and Furnishings

The project, "Making Pillows" will be presented by leaders after training meetings by the Home Furnishing Specialist.



Maryetta Gaskill  
Cochise County  
1957

### Clothing

The project, "Selecting Designs, Patterns and Fabrics for Figure Types" is to be presented by the Agent.

### 4-H Project Summary

97 members enrolled in 5 home economics projects. All home economics project groups except the Elfrida Outdoor Cookery project group and the Double Adobe Food Preservation group had written program plans. The leaders of these two groups followed the procedure recommended in the project manuals.

### 4-H Clothing

45 members enrolled in clothing projects. Most of their project work has been done and most of the 4-H'ers have completed their records. The Agent has assisted all clothing project groups with record keeping.

### Meal Planning and Preparation

72 members enrolled in foods projects. The Agent has assisted all food food preparation groups with record keeping but all groups will require further checking.

### 4-H Food Preservation

10 members enrolled in food preservation projects. All of this work will be done during the summer.

### 4-H Home Furnishings

4 members enrolled in home furnishings projects. Most of this work is being done by individual members during the summer and will require further checking.